Step 6: Becoming Ready

> *"Yet there is nothing so hard and difficult that the mind of man cannot overcome it, and with which unremitting study will not render him familiar."*
>
> Seneca, On Anger 2.12 (tr. Stewart)

Readiness starts with honesty about the payoff: most defects survive because they give us something. Be specific. Readiness is a scale, not a switch, and "not yet" is an honest answer.

DEFECT	WHAT IT STILL GIVES ME	WHAT IT COSTS ME AND OTHERS	READY? 0-10	THE QUALITY I WANT INSTEAD

The one I am most ready to work on, and a first small step

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